### CATHOLIC MUTUAL GROUP

Serving the Temporal Needs of the Church since 1889



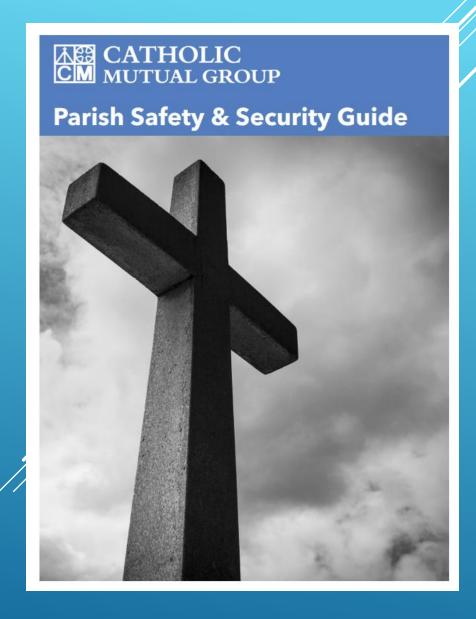


#### DUSTIN HEINO, AIC-M CLAIMS/RISK MANAGER

I am responsible for risk management services and adjusting property/casualty claims in the Diocese of Sioux City, and I also provide risk management services including safety inspections, contract review, and communication of sound risk management policies for the Diocese of Des Moines.

#### CHURCH SECURITY

- While there has been a dramatic, palpable change in the way we protect and secure our school facilities over the last 25 years, our churches and other parish facilities have lagged behind.
- As headlines have shown us several times over, churches are vulnerable, "soft" targets for acts of domestic terrorism.
- In response to these events and countless inquiries from our membership, Catholic Mutual has prepared a comprehensive field guide for use in evaluating your worship sites and other parish facilities in terms of safety and security.
- A copy of this 72 page document will be sent following this meeting for the benefit of your and your building security committee's review.



#### THANK YOU!

After a full week on inspections, one thing has stood out to me more than any other. Our Diocesan locations are generally very well cared for and maintained. This is due in large part to the dedication of our business, managers, facilities managers, and custodial staff. Your commitment to maintaining and preserving our churches, schools, and other facilities does not go unnoticed!

Thank you!

#### St. Patrick – Grand River



# POST INSPECTION EMERGING TRENDS

Following a year's worth of inspections in two different Dioceses, a few trends related to preventative measures have emerged. The following slides will touch on a few of these.

#### St. Anthony – Des Moines















#### PREVENTING LOSSES

- Maintaining a maintenance plan and schedule is critical to ensure our Diocesan facilities can not only withstand the elements and the wear & tear of use for years to come, but to also ensure the safety of our parishioners, students, and guests.
- Catholic Mutual has a generic form that can be utilized or customized to the specific needs of your location in order to ensure these preventative tasks are being regularly addressed and carried out.
- A copy of that document will be sent to all attendees via email following today's program.

St. Brendan - Leon



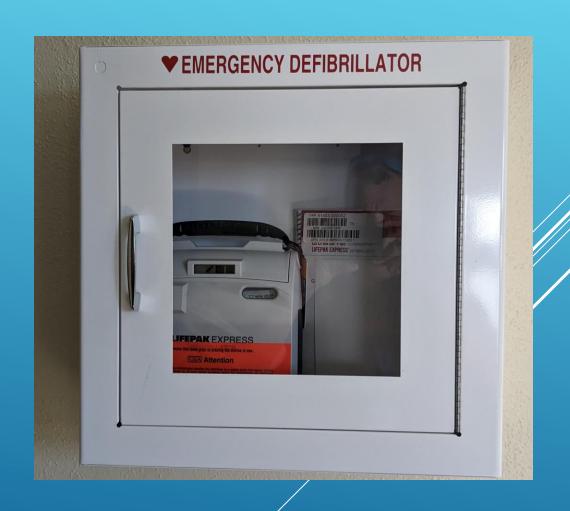
# AUTOMATED EXTERNAL DEFIBRILLATORS (AED) DISCLAIMER

This presentation is not, in part or in whole, a CPR or AED certification course. This presentation is instead intended to familiarize and provide guidance on the maintenance, location, and general use of AEDs.

Catholic Mutual Group and the Diocese of Des Moines strongly encourage the member parishes, schools, and organizations of the Diocese to reach out to your local fire department or emergency medical service operators to schedule a certification course for those critical to be or interested in becoming CPR/AED certified.

# AUTOMATED EXTERNAL DEFIBRILLATORS (AED)

- AEDs are portable, life saving devices designed to treat people experiencing sudden cardiac arrest.
- AEDs are able to analyze a person's heart rate and automatically determine if an electric shock is needed.
- Catholic Mutual Group encourages the accessibility of such units in our member parishes and schools.
- These units are extraordinarily user friendly, and for that reason we suggest that they are placed in publicly visible and accessible locations.



## WHAT DO I NEED TO DO TO ENSURE MY AED IS READY?

- Regular inspection and maintenance of your unit is critical to its successful use in the event of an emergency. So what are you checking for?
  - 1. Is the unit properly charged?
  - 2. Is the unit clean and undamaged?
  - 3. Are the defibrillation pads and battery within their expiration date?
  - 4. Is the response bag properly packed with gloves, scissors, razor, wipes, and gauze?
- An inspection form is available through CMG, and I will distribute that to today's participants following the meeting to allow you to begin using it as part of your monthly AED inspections.
- AEDs are produced by many different manufacturers, so no two are alike. Be sure to consult with your owner's manual to ensure compliance with manufacturer's recommendations during your inspections.



#### RISK INSPECTION – EMERGING TRENDS

- As part of the Diocesan insurance program administrated by Catholic Mutual Group, I complete annual risk inspections of each of our member locations. This includes checking to see if AEDs are present, where they are located, and if they are ready for use.
- The vast majority of our locations are well equipped and ready to use their AED(s) in the event of their need.
- However, I would recommend paying careful attention to a few trends Catholic Mutual has identified throughout our full membership:
  - 1. Ensure all pads in units are unexpired. We have found that the defibrillation pads in many cases, particularly the pediatric pads critical to have in our schools, preschools, and day care facilities, are expired, and the lead time to procure their replacement can be long.
  - 2. As mentioned earlier, AEDs are wonderfully user-friendly, in many cases giving audible instruction and diagrams to the user on how to use the unit. For this reason, we want the units to be publicly visible and accessible. Ensure that your unit is not behind closed or locked doors and instead should be visible to all guests to your facilities.





#### NOM MHYIS

- If your location does not have an AED, or you believe additional units should be acquired, Catholic Mutual Group partners with LifeGuard MD, a company that specializes in sales, training, and maintenance of AEDs.
- If you contact Lifeguard MD and let them know you are a Catholic Mutual member, they will be able to provide discounted pricing on the units they sell and maintain.
- If you have general questions about your unit's location, the contents of the response bag that should be with it, or are looking for some additional documentation or resources on the topic, please don't hesitate to reach out to me.
- For additional training, including certification, consult with your local fire department or emergency medical service operators to explore options in your area.



#### NOM MHYLS

As always, if you ever have any questions about best practices or recommendations to ensure the safe operation of your facilities, I stand ready to answer. Please don't hesitate to reach out to discuss.



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Catholic Mutual Group has long appreciated our partnership with the Diocese of Des Moines. We hope we can continue that partnership with each of you as we seek to serve the temporal needs of the Church.

